

Active Youth

Active citizens

18-29.05 2023, Golden Sands, Bulgaria



Co-funded by the
European Union

The First day

THE FIRST DAY WAS ABOUT GETTING TO KNOW EACH OTHER. WE HAD ICE BRAKERS AND TEAM EXERCISES. WE SPENT A LOT OF TIME TALKING ABOUT THE HIGHLIGHTS OF OUR YEAR.



**HIGHLIGHT OF THE DAY WAS
WHEN WE HAD TO BUILD A
BUILDING OUT OF SPAGHETTI,
MARSHMALLOWS, BARK TAPE AND
ROPE, A MEMORY WE WILL ALL
REMEMBER.**



**AFTER THE WARM UP ACTIVITIES THE
FACILITATORS INTRODUCED US TO
WHAT "ACTIVE CITIZENS" MEANS AND
CLARIFIED ALL THE QUESTIONS WE HAD
ABOUT THE PROJECT.**

The second day



THE SECOND DAY WAS FULL OF ACTIVITIES, THERE WERE INDOOR AND OUTDOOR ACTIVITIES, WHICH WE STARTED WITH SOME ENERGIZERS. AFTER THE ENERGIZERS THE PARTICIPANTS WERE DIVIDED INTO TEAMS AND HAD TO MAKE A POSTER ABOUT INFORMAL, NON-FORMAL AND FORMAL EDUCATION, YOUTHPASS AND THE 8 ERASMUS KEY COMPETENCES FOR YOUNG ENTREPRENEURS.

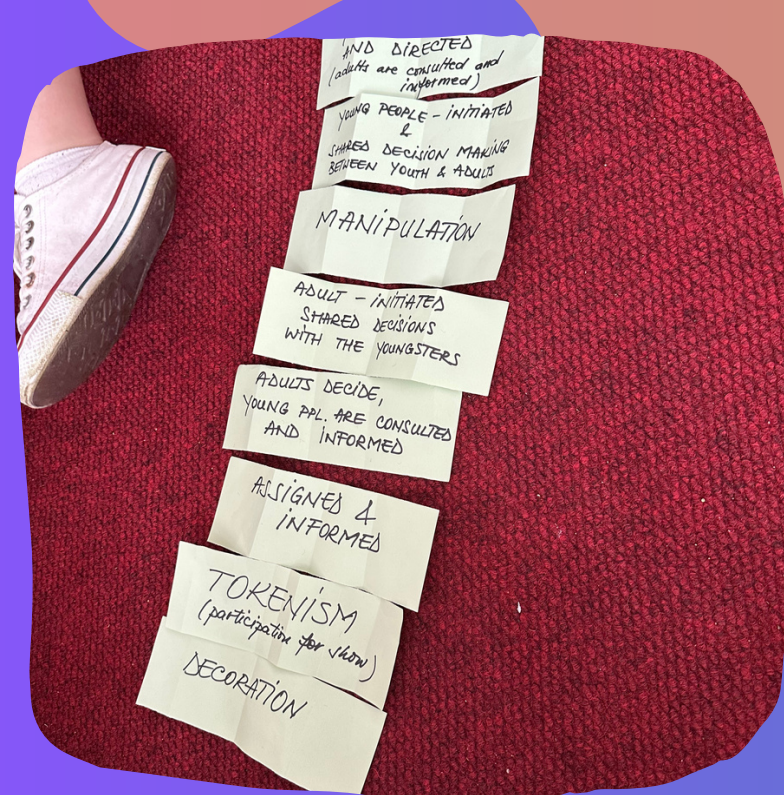
LATER, WE PRACTICED PUBLIC SPEAKING AND LEADERSHIP, WHERE WE LEARNED THAT THE MOST IMPORTANT THING IS TO RESPECT EACH OTHER.



The 3rd day

THE THIRD DAY WELCOMED US WITH LOTS OF FUN ACTIVITIES.

WE PLAYED A BINGO GAME WITH DIFFERENT QUESTIONS ABOUT HUMAN RIGHTS, WE EXCHANGED GREAT IDEAS, SHARED FILMS, BOOKS AND SONGS ABOUT HUMAN RIGHTS.



WE HAD A DRAWING ACTIVITY WHERE EACH PARTICIPANT HAD TO DRAW A PROBLEM AND THE OTHERS HAD TO SOLVE THE PROBLEM BY ADDING SOMETHING TO THEIR DRAWING.

**TODAY WE ALSO HAD INTERNATIONAL
EVENING, WHERE WE HAD QUIZ GAMES
AND LOTS OF GOOD FOOD.**



The 4th day- Free day

**WE SPENT THE FOURTH DAY
EXPLORING THE
SURROUNDINGS. THE LESS
ADVENTUROUS AMONG US
DECIDED TO STAY AT THE
HOTEL AND DO VARIOUS
ACTIVITIES.**



The 5th day

ON THE FIFTH DAY WE WERE HAPPY TO CONTINUE OUR ACTIVITIES WITH ANOTHER ERASMUS GROUP.

THE FIRST ACTIVITY ENCOURAGED US TO FIND A RELATIVE TRANSLATION FOR THE WORD "ADVOCACY" ON OUR OWN AND THEN IN TEAMS. EVERYONE HAD A CHANCE TO PRESENT THEIR TRANSLATION TO EACH OTHER.



THEN WE ENGAGED IN A DISCUSSION ABOUT THE PROBLEMS OF EACH COUNTRY. EACH TEAM DEBATED ISSUES SUCH AS FAILING EDUCATION, THE HEALTH SYSTEM, CORRUPTION AND POVERTY.



The 6th day

WE STARTED OUR DAY WITH AN ACTIVITY ABOUT PERCEPTION. PARTICIPANTS WERE GIVEN SEVERAL BLURRED IMAGES, THE AIM BEING TO REALISE HOW EVERYONE PERCEIVES A SITUATION DIFFERENTLY.

WE SHARE STORIES WHEN WE FEEL MISTREATED. FIRST THEY WROTE THEM ON THE SHEET THEN SHARED THEM WITH OTHERS. BECAUSE SHARING IS CARING.



The 7th day

The last but not the least day was about active youth, active citizens...

We worked in teams to make a document about active citizenship for young people in our countries. Each team used their creativity to create something unique.



**AT THE END WE TALKED ABOUT HOW WE FELT
DURING THE ERASMUS+ PROGRAMME.
WE GO BACK KNOWING THAT WE MADE NEW
FRIENDS AND EVEN THOUGH THE WEEK WENT BY
VERY QUICKLY, WE LEAVE WITH THE BEST
MEMORIES.**



Thanks for support
and we hope to see you
again!

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